

# 2019 Annual Early Childhood Conference Schedule at a Glance

Vendors will be located at Waller Building

Time	Title	Session	Speaker	Description	Location	
7:15am – 8:15am			<b>REGISTRATION</b>			Waller Building
8:30am – 9:30am	Session 1	Opening Keynote	Tawana Williams	From the shadows of obscurity and the anguish of disability, Tawana Williams was a victim of brutal medical negligence; due to the drug Thalidomide that was given to her mother during pregnancy. Born without arms and impaired use of her legs, her compelling life story unfolds her will to survive the anguish of physical defect and the shame of abuse and isolation. Unable to fight with human hands, she fought in spirit and yet lives to stand through the grace and courage of God, "UNarmed But Dangerous."	Administration Building (Auditorium)	
10:00am – 11:30am	Session 2 (Breakout)	Understanding Toxic Stress and Trauma, Building Resilience and Social-Emotional Skills to Improve Focus and Health	Seth Saeugling	This workshop will discuss the connections between Adverse Childhood Experiences (ACEs) and how people develop self-regulation and social-emotional skills. An introduction to evidence-based methods and strategies to improve outcomes by reducing the impact of ACEs and promoting resilience to promote healing and learning will be discussed.	Waller Building (Room TBA)	
10:00am – 11:30am	Session 2 (Breakout)	Uniquely Me	Velvet Tyndall	Participants will learn how to work with youth and adults who may have physical and/or emotional challenges. There will be a focus on how to promote self-regulation techniques. Tools will be provided to assist how to handle self-regulation within themselves and others. Everyone that we encounter is unique and special in their own way, even on their not so good days. Being able to assist in a learning process to help children and adults stay in control of themselves during their "not so good moments" can benefit everyone.	Waller Building (Room TBA)	

Time	Title	Session	Speaker	Description	Location
10:00am – 11:30am	Session 2 (Breakout)	How Trauma Increases Vulnerability	Melinda Sampson	Childhood trauma increases vulnerability. Children and adults with higher ACEs scores are at an increased risk for traumatic stress and often look to others for help, but fall prey to individuals that will exploit them for personal gain. This workshop addresses how vulnerable populations are at a higher risk for human trafficking. The focus will also be how to recognize the signs that children, adults and families are involved in human trafficking and resources to offer these families that will help them move from these toxic situations.	Waller Building (Room TBA)
10:00am – 11:30am	Session 2 (Breakout)	Tips to Maintain Good Mental Health	Melissa Reese	As a professional, maintaining good mental health is essential in order to help others. This session will explore tips for keeping yourself mentally healthy, discuss mental health after a traumatic event and signs of stressors that could be warning signs to seek out additional resources	Waller Building (Room TBA)
10:00am – 11:30am	Session 2 (Breakout)	ACEs Film Documentary	Courtney Boyette	“Resilience: The Biology of Stress and the Science of Hope” is a national movement to prevent childhood trauma, treat stress and greatly improve the health of future generations. This film will focus on the science of ACEs and the movement to treat and prevent toxic stress in children. Toxic stress is now thought to be a major contributor to heart disease, cancer, depression and other health risks facing people today.	Waller Building (Room TBA)
<b>11:30am – 12:30pm</b>		<b>LUNCH</b>		<b>Waller Building</b>	<b>Cafeteria</b>
12:45pm – 2:15pm	Session 3	Recognizing Implicit Bias and Promoting Equity in Early Learning Environments	Ebonyse Mead	This workshop is designed to help Early Childhood Professionals understand implicit bias and its role in early learning environment. Discussion will include honest dialogue about the structural and institutional impact of race and racism on student achievement and provide tools to be intentional about integrating culturally responding teaching strategies in their educational practice.	Administration Building (Auditorium)
2:30pm – 3:30pm	Closing Session	Keynote	Brandon Wilson	Volunteer Guardian ad Litem NC Judicial District 8, Wayne, Greene & Lenoir Counties	Administration Building (Auditorium)